

WELCOME TO PWTC

2017 Schedule
FOR NEW & DEVELOPING RIDER

Portland Wheelmen Touring Club (PWTC) offers a series of rides called WELCOME RIDES. You need not be a club member to participate. These rides are especially for the newer or less experienced rider but are probably too ambitious for a novice rider. Go to PWTC.com for more information.

The expectation is that the rider can pedal along at about 12-15 mph on the flats and complete a 30 mile ride.

These rides are group rides meaning the group of riders generally stays together throughout the ride. They provide a safe and friendly opportunity for newer riders to get out and ride with other cyclists. The ride leader will guide the group and offer riding suggestions as needed.

More information may be obtained by calling the ride leader listed.

WEST SIDE RIDE

Start: 9:30 a.m. from Bethany Village Shopping Center, Starbucks parking lot. Take Bethany Blvd. exit off Hwy. 26. Go north 2 miles to Bethany Village. The route has gentle ascents with several miles of flat, quiet roads. Coffee and snacks after the ride. 25-30 miles. Level A. Ride Leader: Bruce Buffington, NW Bicycle Safety Council, 971.570.4791

May 21, June 17, July 23 and August 12

AROUND THE COMPASS EXPLORER

Start: 9:30 a.m. Tri-Met Park and Ride lot at NE 96th & Sandy. This ride will use a different route each time. We may head north into Vancouver, east to Troutdale, west into north and northeast Portland, or even south toward Milwaukie, depending on the weather and the wishes of the riders. 25-30 miles. Level B. Ride Leader: Bud Rice 503.667.0683

May 7, June 4, July 1, August 6
and September 3

WILLAMETTE RIVER RIDE

Start: 9:30 a.m. from upper Sellwood Park at SE 7th and Sellwood Blvd. This is a great ride with something for everyone. We'll tour the Willamette River on bike paths and glide through historical neighborhoods as we loop the city. Between our adventures we'll stop for coffee and refreshments. The ride has a few ups (and downs) with plenty of scenery. 25-30 miles. Level B. Ride Leader: Tom Carter 503.226.6263

May 28, June 25, July 22, August 5 and
September 23

LaCAMAS LAKE LOOP

Start: 9:30 a.m. Clark College, Fort Vancouver Way in Vancouver, WA. We will travel east through Vancouver and out around LaCamas Lake. On the way back we will visit a wonderful bakery. This is a good combination of city and rural riding. Some climbing but less than 1,000 feet of total elevation gain. 32 miles. Level B. Ride Leader: Ann Morrow, 360.608.3173

June 11, July 8, August 20 and September 16

IN ADDITION....

There are other social and group rides offered by Bud Rice, Bruce Buffington, Ann Morrow and other ride leaders throughout the season. Bud's Social Rides are considered to be a classic initiation to club riding.

Group and social rides are generally shorter, easier rides open to all riders. Call the ride leader listed and ask any questions you may have to assure that you are able to complete the ride.

Time and locations of any and all club rides are listed on the Web Site at PWTC.com.

AND MORE...

PWTC offers bicycle rides every day of the year. Some are easy and social, some are a little more difficult and some are quite long and challenging. Again, view the ride listings at PWTC.com. You can call the ride leader to discuss the route in detail.

At all rides the PWTC Ride Leader will have a sign in sheet and possibly a map of the route. Approach him or her and advise them that you are a new rider. PWTC ride leaders and members will try to assist you in getting started with riding and make sure you have a fun ride.

Regular PWTC
rides are NOT offered
on the dates of the
PIONEER CENTURY (June 3)
or the
Seattle to Portland
Bicycle Classic (July 15 and 16)

Join us for the
PIONEER CENTURY on
June 3
various routes for
all levels of riders.
Go to PWTC.com

FOR YOUR RIDING ENJOYMENT:

- Helmets are required on Wheelmen rides.
- Drink plenty of fluids and bring along a bottle of water or even two.
- Bring a tire pump, tools and spare tube for your tire. What will you do if you have a flat tire 15 miles from your car?
- Bring a little cash. These rides include a stop for refreshments or you just might want to phone for help or call a taxi!
- Eat a good breakfast. You'll be making your body work so give it some fuel. This is not the morning for a half a grapefruit and black coffee.
- Check your bike out prior to the ride. Is everything working correctly? How old is that chain? How do the tires look? Are the brakes still pads or are they hard as stone? Seek professional help if necessary!
- These rides, 25 to 35 miles in length and including a stop or two, will take a few hours to complete. Keep your stress level low and don't make plans for immediately thereafter. Just enjoy the ride!
- Carry some sort of identification. An old driver's license works or create something with your name, address, an emergency contact and medical problems and medications. We strive to ride safely but accidents can happen.
- Riders under the age of 18 will need to be accompanied by a parent/guardian (Sorry, it's that pesky liability stuff).
- Arrive early. Group DEPARTS at time listed.

Take life by the Handlebars!