



# Quick Releases

The Monthly Bulletin  
Of the Portland Wheelmen Touring Club

October 2018 Vol XLVII No 10

## Top Talk

By Ashley Reynolds  
Vice President

First of all, I'd like to thank those who volunteered for the recent Harvest Century, representing our club. The Harvest attracts many first time sponsored-event riders. Your enthusiasm and encouragement give these individuals a positive experience, promoting cycling, which is what our club is about. Kudos!

Secondly, I'd like to share my thoughts on a topic that comes up on a regular basis, and that is Growth. Obviously, to grow we need to capture the attention of outside riders within the community. There are different ways to go about this, but I believe we need to focus on the questions, "Who are we, and what do we love to do most? What do we do best?" Well, we are members of a bicycle club who love to ride! We have fun spinning 365 days out of the year, and what we do best is provide rides.

By focusing on what we love, we will be most enthusiastic in our outreach. This past year, I've had the privilege of working with Reach the Beach (RTB) riders and the Bike MS organization, including attending both launch parties. What I noticed was that, although participants love to ride, most were participating because of the organization's mission itself. Most believed in the cause they were riding for, and both organizations were passionate about sharing what they are about.

PWTC has been involved in many 'Grow the Club' efforts, last year attending a soccer game and more recently, providing training rides to outside or-

### November:

**Eric Merk from Ot-tolock**



Saturday, November 3, 2018 at 9 AM – 12 PM  
2101 SE 6th Ave, Portland OR 97214

### Looking for a Replacement SMM Ride Leader

I am stepping down from QR Editor and I also need to step down as ride leader (See article on page 5). I don't have the time to recruit. Would some wonderful, willing soul, please take my position as ride leader for the Saturday Morning Medley?

The SMM ride series is a once a month commitment from Oct through May. My Saturday is on the 4th Sat. This is an excellent beginning to start your ride leader experience if you never have been a rider leader. Any questions, please feel free to reach out to me or any of the other SMM ride leaders: Mark Hartel, Kathleen Hellem or Alan Mevis.

This would start immediately.

### Club Meeting

Date: Thursday, October 4, 2018

Time: 7:00 PM

**All Saints Episcopal Church**

**4033 SE Woodstock Blvd  
Portland OR 97202**

### Board Meeting

Date: Monday, October 22, 2018  
Time: 6:30 PM

Place: Legacy Emanuel Hospital  
2801 N. Gantenbein Ave  
Room 1035

All club members may attend Board Meetings. Submit items to be considered in writing by the preceding Club Meeting to Chip Kyle at 503-387-3940 or [cvkyle109@gmail.com](mailto:cvkyle109@gmail.com)

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ganizations. While these are great, we should not lose sight of what we already have fun doing. We do a fantastic job providing a variety of rides throughout the year. Outsiders will be attracted to our club because they just want to ride.

By knowing what we do best, we then need to think about how to best portray this to the public, whether in our name or through various communication methods. We already are a great club; now it's time to show us off! It's an exciting time with various avenues existing to help promote ourselves, whether in the monthly QR, on our website, or on social media platforms. We should always be evolving regarding our communication tactics. Expect near-future discussions on this and into 2019. Of course, as always, please use your voice and share any ideas.

Lastly, while it's great to think about club growth, remember to go ride and have fun!  
-Ashley Reynolds

## Donation Suggestions Sought

As we approach the end of the year and assess our financial position, the board will be considering the number and magnitude of charitable contributions we may be able to make. Traditionally, we have donated to the same limited number of organizations each year. We are seeking input from all club members about other possible donations. If you are aware of an organization that effectively supports bike-related activities, please provide their name and a description to any board member. Final decisions will be made in the December board meeting. Thanks in advance for your suggestions.  
- Chip Kyle

## QR Editor Transition

Please give a big thanks to our amazing Quick Releases editor, Kimberly Morehead, who will pass the torch to a new editor, effective December 2018. Kimberly has worked hard to bring PWTC news together for our members, and we all appreciate her efforts.

With a change in editors you'll also see a few changes in the club's communications strategy. Please bear with us as we work to keep our Quick Releases newsletter and the PWTC website fresh, easily accessible and filled with the information you want to see. This is a team effort and your input is vital, so please give us a (gentle) nudge at [pwtc.qr@gmail.com](mailto:pwtc.qr@gmail.com) if you find a glitch or have suggestions.

- Chip Kyle

Welcome Mianne Irick as the new QR Editor!

## Portland Wheelmen Touring Club Contact Information

(Please call before 9:00 pm)

### Elected Officers

President.....Chip Kyle 503-387-3940  
[cvkyle109@gmail.com](mailto:cvkyle109@gmail.com)  
Vice-President.....Ashley Reynolds (503) 351-9510  
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Sarah Hill 503-720-9972  
Members-at-Large.....Steve Price 503-705-7276  
Jeff Marshall 503-255-3790  
Pat McManus 503-309-9437  
Eric Hendricks 503-803-7926

### Event Coordinators

2016 Awards Banquet Awards...  
Bud Rice 503-667-0683  
Arden Shelton 503-709-7252  
Awards Banquet...Benn Schonman 503-775-8300  
2018 Pioneer Century Coordinator  
Brian Hammer 310-591-9458  
2018 Pioneer Century Vol. Coordinator...Corey Eng  
503-641.2971 [coreybike@comcast.net](mailto:coreybike@comcast.net)  
2018 STP Bus.....Bill Hamilton 503-778-0552  
STP Vol. Coordinator.....Corey Eng 503-641-2971  
[coreybike@comcast.net](mailto:coreybike@comcast.net)  
Program Committee .....Barry Emmerling  
503-231-1879

### Appointees

Statistician.....George Ammerman 971-270-6440  
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Information Line.....Patrick Cecil 503-667-0683  
Historian.....Patty Mooney 503-254-7702  
Helmet Committee...  
Bruce Buffington 971-570-4791  
Refreshments.....Bud Rice 503-667-0683  
Welcome Rides.....Ann Morrow 360-608-3173  
Web Committee...  
Alan Coppola & Cindy Bernert-Coppola  
503-781-1822  
Mark Hartel 512-322-0269  
Bike Boxes.....Jackie Seguin 503-231-7216  
PWTC Clothing.....Arden Shelton 503-709-7252  
Safety Committee.....  
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Steve Price 503-705-7276  
Jeff Marshall 503-255-3790  
Eric Hendricks 503-803-7926

### Quick Releases Staff Editor...

Kimberly Morehead 360-355-2765  
[pwtc.qr@gmail.com](mailto:pwtc.qr@gmail.com)  
Contributors: Ann Morrow, Kathleen Hellem

### Newsletter

### Deadlines

Announcements, Events, and Classified Ads for consideration of publication should be submitted to Kimberly Morehead by the **20th** of the month to be in the next QR. Publishing of letters is at the sole discretion of the Editor and dependent upon space available. Opinions expressed are those of the individual and not representative of the PWTC or the Editor. Classified are run for 2 months unless other arrangements are made. Articles and classified from members have priority if space is limited.

### Ride Information

Ride information is to be submitted to the Road Captain. Ride leaders wishing to create their own ride descriptions or to sign up to lead a ride for the following month need to provide the Road Captain with pertinent information two weeks ahead of the ride!

Contact either Rob Schroeder or Sarah Hill at PWTC Road Captain email: [roadcaptain@pwtc.com](mailto:roadcaptain@pwtc.com)

### PWTC Web Site:

<http://www.pwtc.com>



## Something to Think About: Charitable Donations for 2019

As a club, we not only get the chance to experience great rides and adventures but also the chance to give back to the community through charitable donations. This is where you come in! As members, we have a say in how we do this. It may be only October but it's not too early to start thinking about who is in need, which organizations support our mission of promoting cycling, etc.

Once you've identified any organizations you feel the PWTC should give to, submit a written request to the board before the December meeting. These will be given priority review. At this meeting, the board will review, select organizations, and assign proposed amounts. It can be a process but your input is valuable! After speaking with many members, giving back via donations is one of the events we look forward to annually (in addition to riding of course). So please, don't hesitate on providing feedback. If you have any questions about this process, please feel free to reach out to myself ([carlette.reynolds@gmail.com](mailto:carlette.reynolds@gmail.com)) or another board member.

Respectfully Submitted By,  
Ashley Reynolds

## Right Hook Accidents – Why they occur

Recently one of our club members was hit by a car making a right turn – i.e., a “right hook”. Fortunately, he'll recover, but others are not so lucky. Recently two groups of researchers (one out of Toronto, the other here in Oregon) addressed this type of accident in an effort to more fully understand why they occur. Knowing the why's may help road engineers design intersections that minimize the likelihood of a right hook, but until that happens, an understanding of the events leading up to a right hook, may help both bike riders and drivers approach intersections more safely.

### The role of driver's situational awareness (SA) on right-hook bicycle-motor vehicle crashes.

M Jannat, DS Hurwitz, C Monsere, and KH Funk. This study was a collaboration between researchers at OSU and PSU. Published August 2018 in the journal of *Safety Science*.

A driver's situational awareness (SA) is complex and a mouthful: “*To safely accomplish the driving task, motorists need to perceive, identify, and correctly interpret the elements of the current traffic situation, including immediately adjacent traffic, road signs, route direction, and other inputs, while being vigilant for obstacles and making predictions of near-future traffic conditions to maintain control, guidance, and navigation of the vehicle.*” In other words – a heck of a lot is going on in the brain of the driver approaching an intersection! To measure SA, the researchers used a driving simulator (a fully functional 2009 Ford Fusion cab mounted on a motion system that allowed for acceleration and braking cues). Fifty-one participants each made 21 right turns and crash avoidance behavior was measured using a crash-likely scenario. Although this study offered additional insights into factors affecting SA, the bottom line for bike riders is that drivers often don't see us, particularly when we are next to them or on approach from the rear. If we are in front of the driver, we represent a hazard and there is a better chance of being seen, but this awareness degrades if oncoming cars are making left turns in front of the driver. The authors admit that their study is in alignment with anecdotal evidence, but state that their results offer objective measures that are needed to go forward in improving intersections and reducing right hook accidents.

**Visual Attention Failures during Turns at Intersections: An On-road Study.** NE Kaya, S Ayas, CT Ponnambalam, and B Donmez; University of Toronto. This study was a presentation at a conference in Victoria, BC, in June 2018.

The University of Toronto study was performed on-road with 19 participants (ages of 35 and 54) who wore eye-tracking devices. “Eleven of the 19 participants had a tracking failure in at least one of the intersections; all failures related to checking for cyclists. . . The prevalence of attentional failures observed is alarming, especially given that our participants represented the lowest crash-risk age group.” Information can be found at this website: <http://uttri.utoronto.ca/news/more-driver-attention-needed-turning/>.

We on the safety committee can't overstate this, don't assume driver see you! As mentioned in last month's QR, consider use of bike lights, day and night, because in general bike lights increase your chances of being seen.





HIP HIP HOORAY!  
FOR PWTC  
Respectfully submitted by  
Ann Morrow

One of the students I work with asked me recently how I celebrate the end of summer. He's a boy who likes a good excuse for a rousing "hip hip hooray!" I told him I don't celebrate the end of summer. I love summer. I like to be warm and dry. I like to ride my "go fast" bike (the one with no fenders!). I like to take a few minutes to get ready to ride: jersey and shorts and sandals rather than pulling on layer after layer. I like riding around in the country and around the state of Oregon rather than staying close in to the metro area all of the time.

Ahhh, summer. I will miss you. The summer of 2018 was an especially nice one. No rain for weeks on end. I know, my point of view is very selfish. But it's the summer we got and I loved it.

I have to thank my bike club, Portland Wheelmen Touring Club, for my exceptional summer as well. How lucky am I to belong to a bicycle club that has a ride every day? Not working in the summer allowed me to partake of some different, new to me, weekday rides. And if one day was busy with adulting tasks, hey, there were more rides to choose from the next day and the next.

Additionally, I was able to ride with some different ride leaders and what a treat that was. I myself am not on the Ride Leader ALL STAR team. You know, those that lead multiple rides in the triple digits each year. It's an elite group to be sure. They are applauded as the mainstay of our ride calendar and rightly so. But I had the privilege and pleasure of riding with some of our "double digit" ride leaders (maybe low triple digits). While I admire those that are able to lead multiple rides a week, I also very much appreciate those that, like me, may never be on that ALL STAR team yet do what they can, find new routes and paths, pitch new themes, and form groups of leaders to share the load.

I availed myself of the Tuesday AM Spin a few times which had a different ride leader for each Tuesday throughout the month. We see this implemented more and more. What a great idea. One person isn't committed to lead a ride each and every week. I rode with Barry and Marci, Cindy and Mark. Great ride leaders. Very professional, hospitable, gracious. Always looking out for their riders. Thorough pre-ride talks.

I also committed myself to Cindy's Slow Hill Rides on Thursdays. As my summer culminated on RSVP (Ride from Seattle to Vancouver and Party) with infamous Chuckanut Drive and climbing from Elk Lake to Mt. Bachelor on Cycle Oregon Lite, I thanked Cindy for her summer hill climbing series. Those rides gave me the skills and confidence I needed to be successful.

Again, what a great summer it was. Hip Hip Hooray to PWTC and our many ride leaders who may not be on the quantity based ALL STAR team but certainly bring quality to the job of leading rides and conscientiously representing our club. I hope your summer was equally wonderful!

## Welcome New

### Members

Christof Bott  
Scott Braunsten  
Dave Epps  
Ernie Grillo  
Sheila Grillo  
Tom Lieb  
Tom Lofton  
Rebecca Mahood  
John Maroney  
Kerstin Maroney  
Jim Sanders  
Bill Vonnegut



PWTC is looking for a volunteer to take over as Program Coordinator as Barry Emmerling will be finishing his stint soon. This is a fun job that mainly entails a lot of e-mailing to reach out to potential presenters, get them scheduled, and then send a follow up a few weeks before the meeting date. For anyone who may be interested in becoming the new Program Coordinator please feel free to contact Barry with any & all questions you may have ([bemrs@comcast.net](mailto:bemrs@comcast.net), cell: 503-318-9964). Barry is also glad to share additional tips along with a list of potential presenters, to make for an easy transition. Note: currently all of the presenter slots for 2018 are now filled, so the new person won't need to get anyone scheduled until next February. No technical expertise is needed - a volunteer has come forward to help with the projector, etc.

## Time for a Change

The season is changing and so are things in my life. 2018 has not been a kind year for me. As many of you know, I have struggled with anemia this past year. With countless iron supplements since January, heart tests and 2 surgeries, I am on the mend, however, my strength is still not yet back to normal. This is one of the reasons I have not been riding much this year.

I have also been undergoing some personal ongoing family issues in which I now need to devote all of my free time to be with my family. I do apologize for the lateness of this issue as an unforeseen family emergency has taken my priority the past couple of weeks.

I have appreciated the opportunity to serve as your QR editor for the past several years. I value all of your kind words and encouragement. As I step down, Mianne Irick will be taking my place starting with the December issue. I'm also hoping that someone will take my SMM ride leader position as I cannot commit to being a ride leader at this time as things may change at the last minute where I cannot make my scheduled ride.

I treasure being a member of this club and I have missed riding with you all this summer. I intend to get out and ride as much as my schedule will allow.

See you on the road.

Respectively,

Kimberly Morehead, QR Editor



## Harvest Century Sunday Sept 23rd





## Speaking of Awards

Submitted by Arden Shelton

Are you a winner???? There's only one way to find out. Sign up for the PWTC Awards Banquet on Sunday, January 27, 2019. The club selects a number of high profile awards each year, from Member of the Year to Most Improved New Rider. But many members may have earned an award and may not be aware.

Mileage awards begin at 500 miles and go up to the 1,000's. If you have surpassed the 2000-mile mark in 2016 you have earned a coffee mug that says you have ridden 2000 miles, or 3000, or 10,000 miles, or whatever 1000-mile mark you have reached, beyond the 2000-mile point.

And for those really serious mileage hogs, the club awards a mileage plaque to signify reaching each 10,000 mile plateau. And if you have led rides in 2018, you earn (in past years) bicycle socks, a water bottle, or a coin purse. If you lead 12 or more rides, there's another prize!

So be sure to sign up for the banquet so that you can collect your loot. And if you don't win one of these awards you can still go home with a really big prize. The club gives away about \$2000.00 worth of door prizes at the banquet.

Almost everyone goes home with something.



## Awards Banquet Best Night of the Year

Don't miss the best night of the year; the PWTC Awards



Banquet on Sunday, January 27, 2019 at the Monarch Hotel near Clackamas Town Center. This is not your father's typical boring awards banquet. This one is very long on fun and very, very short on speeches.

This is an evening to celebrate our outstanding club members who have provided service to the club above and beyond the norm and whose efforts have contributed greatly to our riding enjoyment. And it is also a chance to go home with some really good loot because we always give away several thousand dollars' worth of door prizes!

The Banquet is a very casual affair. You can dress up fancy or wear your most comfortable jeans; your choice. Come and see if you recognize your best riding friends in street clothes.

If you have 2018 cycling photos of club rides or events, bring them along. There will be display space available to share them. Or send photos by email, CD or memory stick to Arden Shelton.

This is an event for all members. Come by yourself, or bring your guests, or bring a group! Come out and enjoy two of our three favorite things: bicycling and eating. The Monarch does a fantastic buffet.

The no host bar opens at 4:30PM and dinner starts at 5:30 with the festivities to follow. If it were summer, you'd be home before dark. Watch for the banquet entry form with the November newsletter. Sign up online or print out the form.

## Thinking about those awards early and often

It's time to be thinking about nominating your deserving fellow riders for some special awards.

Each year Portland Wheelmen Touring Club members nominate individuals whom they believe have shown exceptional effort on the club's behalf over the course of the year.

There are a variety of categories.

The nominations are made prior to year's end and the awards banquet is held in late January of the following year. The club has certain criteria which must be met for a nominee to be considered. Previous winners of the Jim Mooney Award from the Awards Committee and determine who qualifies.

The Awards categories include members who have volunteered over and above what they should have; Ride leaders who have done the same; Goodwill Ambassadors who make the club look good; and many awards for riders who improved a heck of a lot over the year. PLUS, there are nontraditional categories where you can also create your own special award that recognizes and captures a fellow rider's unique personality.

Now is the time to be looking around at your fellow riders who might deserve special recognition, not Dec 31 (the deadline).



## AWARD NOMINATION CRITERIA

It's time to be thinking about nominating your deserving fellow riders for some special awards.

Each year Portland Wheelmen Touring Club members nominate individuals whom they believe have shown exceptional effort on the club's behalf over the course of the year.

There are a variety of categories. The nominations are made prior to year's end and the awards banquet is held in late January of the following year. The club has certain criteria which must be met for a nominee to be considered. Previous winners of the Jim Mooney Award form the Awards Committee and choose the new awardees.

### The Jim Mooney Award (Member of the Year):

1) Must currently be a member in good standing and have been active in the PWTC for at least 3 years prior to the year of the award.

2) Must have ridden at least 1000 miles in the year for which the award is presented.

3) Has served as a ride leader some time during the year for which the award is presented.

4) Participated as an event volunteer in at least one special event during the year for which the award is presented.

5) If Board Member, contribution exceeds that of assigned duties in promoting PWTC.

### Valued Member Award (two maybe given):

1) To be eligible a member must have contributed to PWTC in an outstanding manner during the year for which the award is presented,



but member may not meet the qualifications for Member of the Year Award.



### Volunteer of the Year (one given)

Member in good standing who has contributed in any of the following capacities: event coordinator; working volunteer for any event (but not necessarily coordinator); active Ride Leader; held either board or committee positions; or participated actively in club activities. Nominee's recognition can be for one outstanding contribution or as an ongoing participant. Award is not restricted by length of membership.

### Ride Leader of the Year (one given):

Recognition of member who has excelled in adhering to the guidelines set forth in the Ride Leader Check List. Has conducted themselves in a conscientious and friendly manner, showing knowledge of the route, presents themselves as an ambassador for PWTC by welcoming non or new PWTC members at rides.

### Newt Acker Good Will Ambassador Award:

Member in good standing whom within the past year has helped to enhance the friendly image of PWTC within the community.

### The Come Back Award:

Member who has suffered injury while cycling, yet came back with style and determination to resume cycling within that year.

### Most improved Rider (multiples given):

1) Be a PWTC member in good standing for 2 years or more.  
2) Must have ridden 500 Club miles or more for the year for which the award is presented.

3) Has shown improvement in different types of distances and terrain within their riding capabilities.

### Most Improved New Rider (multiples given):

1) Joined PWTC in year of award or previous year, but no later than October and rode under 500 miles the previous year.

2) Must have ridden 500 Club miles or more for the year for which the award is presented.

3) Has shown improvement in different types of distances and terrain within their riding capabilities.

While there may be some overlap in categories, it does allow a chance for special recognition to be given to more members who contribute their time and efforts throughout the year. The memberships' input is important. If written nominations are not received, no award will be given out, so it's up to you!

If these categories are a bit too traditional, you can also create your own special award that recognizes and captures a fellow rider's unique personality.

Send your nominations in writing  
BEFORE MIDNIGHT  
DECEMBER 31, 2018

TO:

Bud Rice

506 SW 6th St.

Gresham, OR 97080

or email [bikebud@spiretech.com](mailto:bikebud@spiretech.com)

Feel free to discuss your ideas with other members. While you can be discreet, your nominations don't need to be secret.





## Tumalo Camping Trip - July 19—July 21 2019

Tumalo is a small and it does not have water and electricity at every campsite. There are some electric/water sites in the camp. This park will fill up very quickly for a summer weekend. Campsites can be reserved exactly 9 months in advance so if you are arriving on Thursday, July 18 you can reserve space starting on October 18. Headquarters for this event will be at campsite 34.

Fridays ride starts at the park and circles Bend with a lunch stop in downtown Bend. Saturday's ride starts in Sisters and goes up to Camp Sherman and the headwaters of the Metolius River. On Sunday, we start in the park and head up to Redmond on the west side of the Deschutes River and return on the east side of the river.

You can make reservations at [oregonstateparks.org](http://oregonstateparks.org) or at 1-800 452-5687. If you are not a camper the park is only 5 miles from Bend which has many motels.



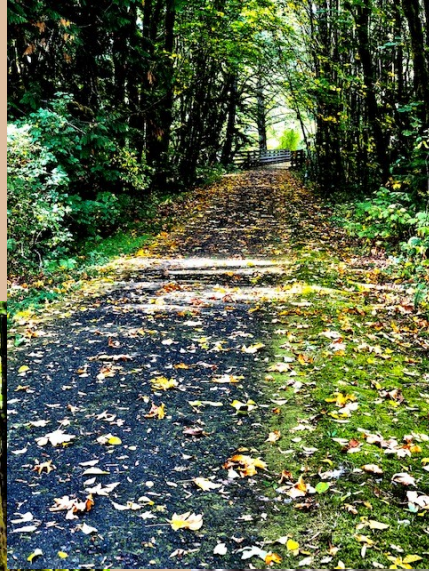
## 2018 Tour de Tahoe John Joy, Jan Oestereich and Brian Hammer





# Autumn Colors 10/3/18

**Banks Vernonia Ride**  
Submitted by Peter Goodkin





# Quick Releases

A Monthly Bulletin of the  
Portland Wheelmen Touring Club

Check your membership expiration date.  
Is it time to renew?  
Online: <http://pwtc.com/>

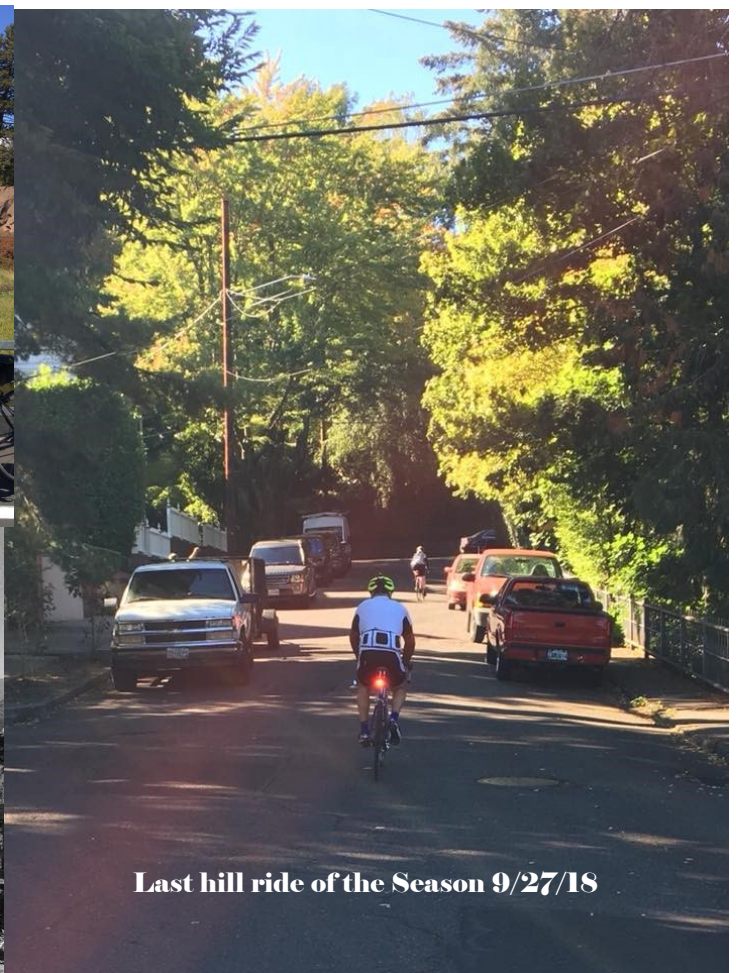
WE'RE ON THE  
WEB!

PWTC.COM

**Cycle Oregon Lite  
September 2018**



**Tues AM Spin 10/16/18**



**Last hill ride of the Season 9/27/18**