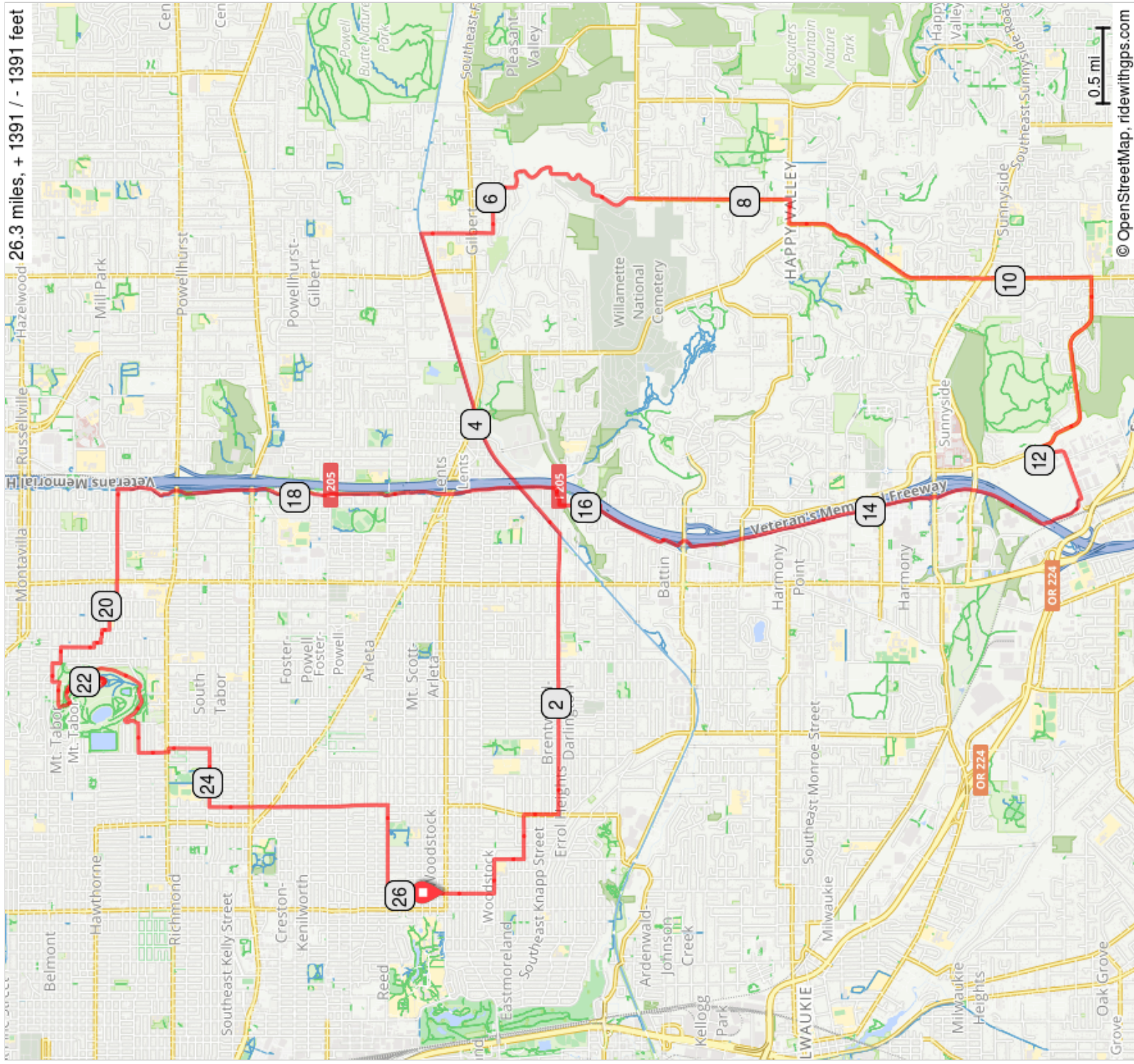
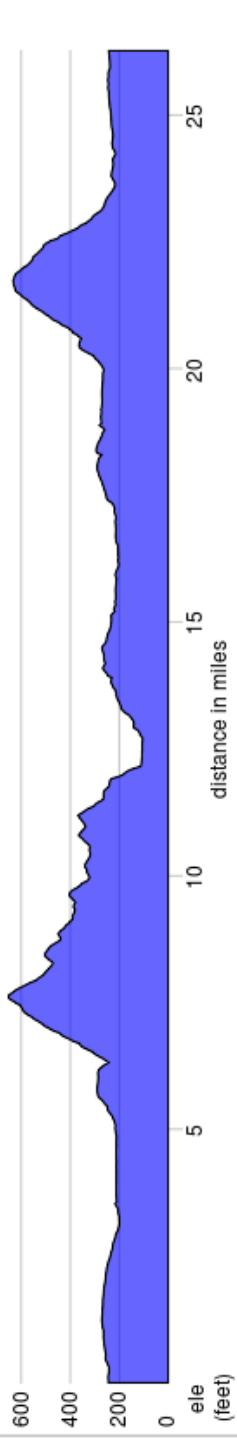


Slow Hill - Mt. Scott Mt. Tabor Revised



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Slow Hill - Mt. Scott Mt. Tabor Revised

| Dist | Prev | Type | Note | Next |
|------|------|------|--|------|
| 0.0 | 0.0 | ▢ | Start of route | 0.3 |
| 0.3 | 0.3 | ← | S on 41st & L onto SE Glenwood St | 0.2 |
| 0.6 | 0.2 | → | R onto SE 45th Ave | 0.2 |
| 0.8 | 0.2 | ← | L onto SE Rural St | 0.3 |
| 1.0 | 0.3 | → | R onto SE 52nd Ave | 0.2 |
| 1.3 | 0.2 | ← | L onto SE Flavel St | 1.8 |
| 3.1 | 1.8 | ← | Slight L onto Springwater Corridor Trail | 2.2 |
| 5.3 | 2.2 | → | R onto SE 128th Ave | 0.5 |
| 5.8 | 0.5 | ← | L onto SE Claybourne St | 0.3 |
| 6.0 | 0.3 | → | R onto SE 134th Ave | 0.1 |

6.0 miles. +130/-88 feet

| Dist | Prev | Type | Note | Next |
|------|------|------|-----------------------------------|------|
| 13.6 | 0.7 | → | R to stay on I-205 Multi Use Path | 1.6 |
| 15.2 | 1.6 | → | R to stay on I-205 Multi Use Path | 0.7 |
| 15.9 | 0.7 | → | R onto SE Crystal Springs Blvd | 0.0 |
| 15.9 | 0.0 | ← | L onto SE 92nd Ave | 0.3 |
| 16.2 | 0.3 | → | R onto I-205 Multi Use Path | 3.0 |
| 19.2 | 3.0 | ← | L toward SE Mill St | 0.7 |
| 19.9 | 0.7 | → | R onto SE 80th Ave | 0.0 |
| 20.0 | 0.0 | ← | L onto SE Market St | 0.2 |
| 20.2 | 0.2 | → | R onto SE 76th Ave | 0.0 |
| 20.2 | 0.0 | ← | L onto SE Clay St | 0.1 |

7.3 miles. +216/-135 feet

| Dist | Prev | Type | Note | Next |
|------|------|------|---------------------------------|------|
| 6.2 | 0.1 | ← | L onto SE Deardorff Rd | 1.1 |
| 7.3 | 1.1 | ↑ | Continue onto SE 132nd Ave | 1.0 |
| 8.3 | 1.0 | → | R onto SE King Rd | 0.2 |
| 8.4 | 0.2 | ← | L onto SE 129th Ave | 0.8 |
| 9.3 | 0.8 | ↑ | Continue onto SE 122nd Ave | 1.3 |
| 10.5 | 1.3 | → | R onto SE Summers Ln | 0.5 |
| 11.0 | 0.5 | ↑ | Continue onto SE Mather Rd | 0.4 |
| 11.5 | 0.4 | ↑ | Continue onto SE 97th Ave | 0.4 |
| 11.9 | 0.4 | ← | L onto SE Lawnfield Rd | 0.6 |
| 12.5 | 0.6 | → | R at bike path | 0.4 |
| 12.9 | 0.4 | ← | Merge onto I-205 Multi Use Path | 0.7 |

6.9 miles. +553/-695 feet

| Dist | Prev | Type | Note | Next |
|------|------|------|---|------|
| 20.3 | 0.1 | → | R onto SE 74th Ave | 0.0 |
| 20.3 | 0.0 | ← | L onto SE Hawthorne Blvd | 0.0 |
| 20.4 | 0.0 | → | R onto SE 73rd Ave | 0.2 |
| 20.6 | 0.2 | ← | L onto SE Taylor St | 0.2 |
| 20.7 | 0.2 | ← | L onto SE Yamhill St | 0.1 |
| 20.9 | 0.1 | ← | L onto SE 69th Ave | 0.0 |
| 20.9 | 0.0 | → | R onto Mt Tabor/SE Park Dr | 0.3 |
| 21.2 | 0.3 | → | R onto SE Tabor Summit Dr | 0.3 |
| 21.5 | 0.3 | → | Regroup at top after circling | 0.2 |
| 21.7 | 0.2 | ← | Slight L to stay on SE Harvey Scott Cir | 0.4 |
| 22.2 | 0.4 | → | R onto SE North Tabor Dr | 0.9 |

1.9 miles. +305/-83 feet

| Dist | Prev | Type | Note | Next |
|------|------|------|--|------|
| 23.1 | 0.9 | ➔ | R to stay on SE Lincoln St | 0.2 |
| 23.3 | 0.2 | ➜ | Coffee stop at 60th and Division - RAIN OR SHINE | 0.2 |
| 23.5 | 0.2 | ➜ | L toward SE 60th Ave | 0.0 |
| 23.5 | 0.0 | ➔ | R onto SE 60th Ave | 0.3 |
| 23.8 | 0.3 | ➔ | R onto SE Woodward St | 0.4 |
| 24.2 | 0.4 | ➜ | L onto SE 52nd Ave | 1.2 |
| 25.3 | 1.2 | ➔ | R onto SE Steele St | 0.6 |
| 25.9 | 0.6 | ➜ | L onto SE 41st Ave and go .2 mile to end | 0.4 |
| 26.3 | 0.4 | 🚩 | End of route | 0.0 |

4.1 miles. +51/-80 feet